

CAMP HOPE



Crafts

Director  
Guide Book

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Curriculum Lesson Plan Worksheets

# Camp Hope Crafts

Camp Hope crafts, like all rotations, are used to reinforce the lesson for the day.

Since many people learn in different ways, **you may be the only one to reach a camper with today's lesson through the activity you will lead.** Therefore, it is important to think through beforehand what you will say and how you will teach the Bible lesson through the craft for the day.

Planning worksheets are included in this book. Make sure you fill out a sheet for each day. This way you will not forget any craft supplies you might need for that day. It will also serve as a reminder of the day's Bible verse, memory verse and theme. This will also remind you how the craft relates to the day's lesson and can be used to help guide you through your teaching time with the campers.

When planning your crafts, remember the summer theme. Many of the crafts can be tied into the stylistic theme by making a few simple changes. For example, if the summer theme has something to do with the jungle you may wish to paint jungle prints on a craft or find fabric with an animal pattern on it.

Encourage individual creativity. Campers will create beautiful crafts that can be used and admired every day. They'll have an opportunity to express themselves creatively and produce something that will win them praise and boost their self-confidence while learning who they are as a child of God.

## Before You Start

- ◆ Plan to wear clothes you don't mind getting dirty or bring an apron to wear. Crafts can get messy and you don't want to ruin your nice clothes.
- ◆ Know where things are. Keep sharp or hot items out of the reach of campers.
- ◆ Clean the area before you begin. Put away any papers or clutter where you will be working. Give yourself plenty of room to work.
- ◆ Pull out all of the craft items that you will be using for the day, as well as the equipment needed to finish the craft. It may help you to place each day's craft kits into a large paper bag along with a daily needs list. Then write the day and week on the outside of the bag. This will help you stay organized throughout your week and help keep your room neat.
- ◆ Look at the total amount of time you need to finish the craft. Plan extra activities for campers who finish early. It's always a good idea to have an ongoing downtime craft for campers to work on each day, like a banner where they can paste, color and draw.
- ◆ Always review the craft for the next day and see if there is any preparation that needs to be done like cutting out patterns. This is something you can have support staff or Disciple Campers do while you are teaching a small group.

# Craft Tips and Safety

Safety is important when you are making crafts. It can be dangerous, especially when using sharp objects and hot appliances such as an iron or hot glue gun. You need to be extra cautious when campers are in the room!



## Glue

Most of the crafts can be done with small glue sticks. By using glue sticks, you will keep your work space clean and there is less likelihood of a getting glue on the tables and carpet.



## Paint

If you are going to use paint, make sure you use watercolor paint. This is a water-based paint that is transparent. Tempera, fabric and latex paints will NOT wash out of fabrics, so it is recommended that you use watercolor paint.

Make sure you have aprons or big shirts that campers can put over their clothes while working with paint.

If you do get paint on your clothes, wash them with soap and warm water immediately.



## Sewing Needles

Use plastic needles. They can be purchased at your local craft store.



## Clay

For sculpting dough:

Mix 2 cups of white all-purpose flour,  
1 cup salt, 1 tablespoon of oil and  
enough warm water to make a smooth,  
soft clay (about 1 cup).

If the dough gets too sticky while you work with it, add a little more flour. Place in plastic wrap or plastic bowl and store in the refrigerator. It will dry hard if you leave it out overnight. Or, you can bake it in a low-temperature oven (200 F) for 1-4 hours.

If you get cracks, repair them before you paint. Just smooth some dough over the crack and bake again. You will have to use acrylic paint for your finishing touches.



## Scissors

Make sure that you have child safe scissors! These are specially made for young people so that they cannot cut themselves when using these scissors.



## Markers

Make sure that permanent markers are used by small group leaders. Campers should only use water based markers. There are crayons and markers that you can now buy that are washable. They easily wash off of hands, walls, tables, you name it.



## Hot Appliances

Make sure that you keep irons, hot glue guns and other hot appliances away from the campers. Delegate a support staff person to use this item and to keep an eye on it when you are busy working with the campers during your class.

Turn off and unplug hot appliances when you are finished.

Remember that it takes a while for hot appliances to cool down.



## Stay Put

Never leave the room when you are using a hot appliance. If you must leave, get someone to watch any hot appliances while you are gone. It is important to stay in the room until appliances are cool to the touch. You never know what might happen.



## First Aid

Know where the first aid kit is. If you touch something hot, immediately hold your hand under cold water.

Never let a camper put any materials in their mouth! Watch out for small items, such as beads, around the campers.

# Techniques For Effective Leadership

## Visibility

The first tip for being an effective Crafts Director has to do with location. The leader must make sure that they will be seen and heard, The most logical position then would be at the head of the class, standing in front of the campers. Have them come in close or sit around a table in front of you before you begin.

## Signal for Attention

After you have the campers' attention by being visible, you must get them to quiet down. To do this, it's best to use a signal of some sort like raising your hand. Remember that you want to get their attention for instruction, but you also want to get the relaxed atmosphere of a good time.

## **Waiting for Quiet**

You need to wait very patiently for the group to quiet down. If you become anxious and forge ahead, you will find yourself stopping and repeating instructions, or worse yet, reprimanding inattentive individuals.

## **Give Concise Directions**

When you have the group's attention, make a brief introduction, followed by the instruction for the craft. Speak in short, concise, direct sentences.

## **Know Your Material and Be Friendly**

Since you will be familiar with the crafts (you will have chosen them with specific goals in mind), your directions can be given in a friendly way, with a smile. A leader who is not well acquainted with the material—perhaps reading the instructions for the first time or mispronouncing words—will lose the audience. The desired effect is to give such succinct—yet friendly—directions that you motivate the campers with a minimum of delay or distraction.

## **Questions**

Ask if there are any questions after you have described the objective of the craft.

## **Assessing**

Once the campers are making their craft, you will be free to interact with the campers.

Harrold Geneed, from his book entitled *Managing*, said, "One of the essential attributes of a good leader is enough self-confidence to be able to admit his own mistakes and know that they won't ruin him. The true test is to be able to recognize what is wrong as early as possible and then to set about rectifying the situation."

## **Support Staff**

Support staff are valuable because they can assume a variety of duties to help alleviate some of the concerns of the Director. A wise leader will treat their support staff with respect and appreciation.

Before you begin the craft, the support staff should be introduced to the whole group. It is possible that your attention will be required in a variety of places, such as operating appliances or getting something ready for the next day.

Therefore, if your support staff are identified ahead of time, campers will know whom to seek out for assistance and your support staff will be able to answer questions and be more effective helpers.

Go over the day's activities in advance with your support staff to establish an order of events and to anticipate any glitches. Identify their specific duties and show them anything that is to be handed out. Show them where items are stored in your room and how to work any appliances you might be using for the day.

This preplanning will help your support staff and set the tone for a team ministry and will increase your support staff's effectiveness.

## Cleaning up

Hardly anyone likes to clean up, but it is an intricate part of making crafts. You can have your campers and support staff help out, however, this is not something you should simply pass off onto others. Lead by example in everything you do, including cleaning up. Here are a few simple and quick steps to cleaning:

- ◆ Clean as you go.
- ◆ Prepare your work area ahead of time. Clean-up will be easier if you prepare first!
- ◆ Tape plastic trash bags on the ends of the table for campers.
- ◆ Cover any surface you work on with newspapers or an old, plastic tablecloth.
- ◆ Keep large plastic tubs on the table to hold scissors, glue sticks, etc. Make sure that campers put everything back when they are done with them.
- ◆ Keep your work space clean. After each group, wipe off tables and throw away any scraps.
- ◆ Keep a damp cloth nearby to wipe up spills.
- ◆ Always leave a place better off than when you found it.

# Downtime Games

This is a great area for you to utilize your Support Staff and Disciple Campers. Pick some downtime activities for the week and designate Support Staff to supervise these activities. Activities do not require a lot of explaining and therefore frees up your time to focus on the next group of campers instead of having to explain the craft to each new set of Disciple Campers that may be coming to help you.

## **Bead Bracelets & Necklaces**

If you have the budget to purchase some beads and thread, it is always an easy craft that campers love from year to year. Simply set up an area with these supplies and let campers make some bracelets and necklaces. Make sure that you have this area supervised because this can get to be a messy area quite easily.

## **Clay Table**

Set up a table with a variety of Play-Doh, Crayola Fun Foam, (This is like Play-Doh but will harden after being exposed for 24 hours) or molding clay. All of these can be found at a local craft store. Then let campers imaginations go wild as they make things. Talk to them about what they have made, you'll be surprised at their creativity.

## **Coloring Books**

Have some coloring books and crayons set up on a nearby table or close at hand. Many times Lutheran Church affiliation corporations have free samples on hand that you can get for your camp.

## **Face Painting**

Set up a table with washable face paint. You can purchase these at any craft store or pick up Halloween makeup sticks. Check with local party stores or theater supply stores. Many also have stencils that you can use if you want to get fancy. Otherwise, simply make hearts, smiley faces, balloons, etc.

Make sure that you have a mirror so campers can see the finished product. You may also wish to do a sample of each so that campers can pick what they want.

## **Friendship Bracelets**

Embroidery thread is inexpensive and makes for an easy way to take up a lot of time. Campers will continue working on a single bracelet for a couple of days to finish one bracelet.

There are so many different styles of Friendship Bracelets to choose from, it would take too much time to explain them all within this booklet. However, if you wish to see a variety of styles pick up the book "Friendship Bracelets" by Laura Torres. Call (415) 857-0888 for a Klutz retailer near you or write them at: Klutz, Catalogue, 455 Portage Avenue, Paula Alto, CA 94306.

## Hair Wraps

1. Choose a skinny section of hair. Divide the sections of hair into three strands and cross the left strand over the center. Then cross the right over the center. Repeat these two steps until the strand is completely braided. Now tie a short piece of floss at the end of the braid to hold it. Don't worry about color, it will be taken off later.
2. Choose three colors of thread and cut them about 48 inches long. Tie the middle of the first thread to the top of the braid. The two ends should be the same length. Tie the other threads on in the same way. Now pick up one strand of the top thread and wrap it tightly around the hair and the other threads four to five times. Then pick up the other thread of the same color. From now on, you will always wrap with two threads at once.
3. To change colors of the wrap, simply hold the first color down adding the braid and pick up the two threads of the color you want to change to. Begin wrapping these threads but be sure to cover all the other loose threads.
4. Continue this until the entire braid is covered. Finally, twist all of the threads together and tie them into one knot close to the end of the wrap. Trim the ends leaving about half an inch of thread from the knot.
5. If you wish to remove the wrap early (they will last a few days) carefully have someone snip the finished knot at the end of the wrap. Then unwind the thread. Be sure to ask for someone else to do this for you and be sure to point scissors away from the face.

## Happy Fun Bags

Have each small group decorate a paper bag with their name on it. This can either be stored in the craft room or in the small group's room. During a downtime at crafts, campers may write 'happy fun' notes to others in their small group. These are notes of encouragement, laughter, silliness, or anything fun that will bring joy to that individual. Set out paper and markers on the table for campers and watch their imagination go crazy!

## Pipe Cleaner Crafts

There are generally three kinds of pipe cleaners. Regular, fat and skinny. The following pipe cleaner ideas utilize four basic moves.



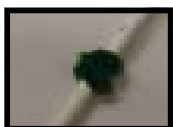
### *The Coil:*

Hold one end of a pipe cleaner at the end of a pencil. Then wrap the rest evenly around the pencil.



### *The Swirl:*

Pinch the tip of a pipe cleaner between your thumb and index finger. Then wrap in a circle away from the center like a cinnamon roll.



### *The Bundle:*

Simple wrap the pipe cleaner around a pencil in a bunch.



### *The Twist:*

Hold two pipe cleaners by the ends and twist them together.

## Fruit



### Carrot:

Simply make an orange coil and top it off with a bent piece of green pipe cleaner.



### Pepper:

Make a red coil and scrunch it down. Then top off with a bent piece of green.



### Banana:

Take a brown piece and swirl one tip. Then thread this through a yellow coil.



### Grape:

Curl the end of a green and stick into a purple bundle. Make six more for a bunch of grapes and connect with a green pipe cleaner.

## Daisy



Petals: Loop one end of a pink and flip over the tip to secure. This makes one petal of the daisy. Now make a second and third loop as well. Finish by wrapping the tail through the center loop. Repeat this process with a second pink and attach the two sets together by twisting the two tails together. Press the remaining of the pink tails flat against the pedals.

Center: Clip a yellow in half. Fold the last inch up. This will be the center of your circle. Now swirl the rest and poke this through the center of the petals.

Stem: Make a small loop at the end of half a green. Twist around the green to secure. Now stick the yellow tail through the green loop. Fold up the yellow tail to secure. Finally make a small loop in the middle of the green to make a leaf on the stem.



### **Bee**

Twist a yellow and black together and bundle the entire twist. Next make antennae out of a skinny black scrap by bending it in half and swirl the ends. Finally stick this through the bundle.



### **Bear**

Fold a fat brown in half and give it a twist at the middle. Give it three more twists to make the chest and where the head will be attached. Next make a loop one side to make a leg. Do this to the other side for a leg as well. Then bend both ends behind the back to make two arms. Your brown pipe cleaner should resemble a star.

Now make a brown bundle with regular brown for the head and stick this on your first original fold. Make brown ears by making an M shape and a black nose by making a U out of scraps. Stick these onto the head. Draw on eyes with a permanent marker. Bend arms and legs to make hands and feet.



### Caterpillar

Make six bundles around a pencil, three of each color. Fold a black in half and thread through the coils. (Make sure that you thread the one side of the black through one rung of the bottom coil.)

Swirl the ends of the black to make antennae. Draw in eyes with a permanent marker.



### Dog

Make a fat brown coil for the body and set aside.

Bend a regular brown in half. Twist once to make a tail and loop the ends to make feet.

Clip another brown into  $\frac{2}{3}$  and  $\frac{1}{3}$  to make two pieces. The larger piece will be the front leads and are made just like the back ones. Bend the shorter one in half. Then bend the ends back toward the center to make ears. (It almost resembles an arrow head.)

Now make a bundle of brown for the head. Use a black scrap for the neck and nose by bending the end and threading this through the head.

Stick the ears on at the back of the head and put a loop of scrap on for a collar.

Next, stick the neck and head piece onto the body coil and secure the black scrap at the end of the coil.

Finally, stick on legs and tail in the back and the other legs onto the front. Secure the legs by twisting under the body coil. Bend up leg bottoms to make feet.



### Spider

Make a bundle with a fat red. Cut two red pipe cleaners in half and thread all of them through the fat red bundle. Bend legs into place and draw on eyes.



### Lion

This is made the same as the dog with a few alterations.

1. Use yellow pipe cleaners instead of brown.
2. Substitute the collar with a swirl of half of a fat brown to make the lion's mane.
3. Place a brown bundle at the end of the lion's tail.



### **Tiger**

Twist an orange and black. Make two of these twists. Coil one to make the body and bundle the other for the head. Bend the end of a scrap of black for the nose and attach the head and body.

Next, take an orange scrap and bend it into an M shape for the ears.

Finally, make the tail and legs the same as the Dog and Lion but out of orange. Attach to the body.



### **Mouse**

Coil a fat white. Clip a pink into 2/3 and 1/3 to make two pieces. Bend the smaller in half and swirl the ends to make ears. Bundle a regular white for the head. Bend the end of the larger pink for the nose and thread on the head and body. Curl the end for the tail. Stick on the ears between the head and

body.



### **People**

Make a V with a regular blue and twist at the loop. Give it four more twists. This will make the chest and where the head will be attached. Next fold over to make a loop to make a leg. Do this to the other leg as well.

Next, clip a blue in half. Bend one piece in half and twist this around the neck area to make two arms. Cut the other piece in half again. Bundle both to make muscles and thread onto arms. Bend arms up and curl ends for hands.

Then, bundle a blue for a head and stick on. Use scrap yellow for hair by bending into an M shape and stick onto head. Draw on eyes with permanent marker.



Finally, wrap skinny black around for shorts and fold up legs for feet.

*For a girl*, simply cut a black in half. Bend one piece into an M shape and swirl the ends for hair. Stick on hair and wrap the other end around chest for bikini top.

**Pipe cleaner ideas taken from Klutz.**

For this and other great books,  
contact retailer near you or write them at:  
Klutz, Catalogue, 455 Portage Avenue, Paula Alto, CA 94306.

# Puppet Pals

## **Construction:**

Cut a piece of paper into a square. Fold the corners together and unfold. Then fold the other two corners together and unfold.

Now fold each corner to the center. Flip over and fold each of these corners to the center. Flip over once more. Fold in half and unfold. Fold in half the other way and unfold.

Finally, stick your thumbs and index fingers into the four pockets and open your paper Puppet Pal.

*Note to staff: Make sure that you use this item in a positive way. Many students want to use this on future predictors or a match-making tool. This is a focus that we would rather the campers not have, so try to utilize this on the positive side by focusing on random acts of kindness, memory verses, bible stories, etc.*

## **Personalizing:**

1. Now you can draw faces to personalize your Puppet Pal . It's best to sketch out your design when the Puppet Pal is on your hand and then open flat to color and darken lines.

2. Place a number on the outside of each of four pockets, or utilize the folds to make eight panels for more options. Then open the Pal and write a color or draw a picture on each of these eight panels. Finally, open up your Pal all of the way and write acts of kindness that you can do today in each of these eight panels. Then reconstruct your Pal placing your thumbs and index fingers in the pockets.

3. Do the same thing as in number two, but on the inside panels write the days of the week, Monday through Friday. (You will need to repeat some of the days since there are eight panels.) Then on the very inside write the corresponding memory verses for these days.

4. Instead of acts of kindness, why not use some caring conversation questions? Utilize questions that will spark memories, feelings, stories, or any other categories about their likes and family that you might wish to know. You can get ideas of questions from Faithtalk cards, the Comfy Chair, or any number of games that are based on this idea.

## **Playing:**

Pick a number on one of the outside panels. Open and close as you count to that number. For example, if you choose the number three, you would open up and down, side to side, then up and down. 1...2...3.

Now pick one of the words or pictures and open and close as you spell the word or picture.

Finally choose one of the panels and read, or guess, what is under that panel.

It's fun to play with a partner having them choose the panels and you can open and close your Puppet Pal.

**Suggested acts of kindness:**

- Give someone a hug
- Write a secret note to someone
- Color a picture for someone
- Pick up trash that you see and throw it in the garbage
- Let someone get ahead of you in line
- Give someone one of your tickets for the camp store
- Say 'thank you' to someone who helps you
- Pick someone you don't know very well and tell them three things you really like about them
- Tell someone a good joke and laugh if they also tell you one back
- Sit by someone you don't know and be their friend
- Really listen the next time someone talks to you

## **Weekly Theme Murals**

Set up an area of your room for everyone to work on a weekly mural based on the weekly or summer theme. Set up a large banner paper, glue sticks, construction paper, markers, etc. for campers to work on once they have finished their craft for the day.